

# Cabbage Slaw

4 Servings • 1 Serving = ¼ Cup



## INGREDIENTS

- ¼ large green or red cabbage, finely shredded
- Juice of 1 lime
- ½ teaspoon salt
- ¼ cup cilantro, chopped

## DIRECTIONS

1. Place cabbage in a large bowl.
2. Pour the lime juice over the cabbage and season with salt. Stir well.
3. Add the cilantro and stir. Let dish sit for at least 10 minutes before serving.

## Nutrition Facts

4 servings per container

**Serving size** 1/2 cup

Amount per serving

**Calories** 10

% Daily Value\*

Total Fat 0g 0%

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 150mg 7%

Total Carbohydrate 3g 1%

Dietary Fiber 1g 4%

Total Sugars 1g

Includes 0g Added Sugars 0%

Protein 1g

Vitamin D 0mcg 0%

Calcium 12mg 0%

Iron 0mg 0%

Potassium 14mg 0%

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

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