

Vinagreta de Limón

6 Porciones • 1 Porción = 2 Cucharadas



INGREDIENTES

- Jugo de 1 limón para $\frac{1}{4}$ taza de jugo
- $\frac{1}{2}$ taza de aceite de oliva extravirgen

INDICACIONES

1. Coloque el jugo de limón en un recipiente y bata lentamente en el aceite hasta formar una mezcla cremosa.

Nutrition Facts	
6 servings per container	
Serving size 2 Tablespoons	
Amount per serving	
Calories 180	
% Daily Value*	
Total Fat 19g	24%
Saturated Fat 2g	10%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 190mg	8%
Total Carbohydrate 1g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 0g	
Vitamin D 0mcg	0%
Calcium 1mg	0%
Iron 0mg	0%
Potassium 11mg	0%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

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