

Diego's Sports Drink

2 Servings • 1 Serving = 1 ½ Cup



INGREDIENTS

- ½ cup pineapple juice
- ½ cup orange juice
- 2 cups water
- 1/8 teaspoon salt

DIRECTIONS

1. Mix all ingredients into a pitcher and serve.

Nutrition Facts	
2 servings per container	
Serving size 1 1/2 cup	
Amount per serving	
Calories	60
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 160mg	7%
Total Carbohydrate 13g	5%
Dietary Fiber 0g	0%
Total Sugars 12g	
Includes 0g Added Sugars	0%
Protein 0g	
Vitamin D 0mcg	0%
Calcium 19mg	2%
Iron 0mg	0%
Potassium 199mg	4%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

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