



Vegan Parmesan Cheese

8 Servings • 1 Serving = 2 Tablespoons

INGREDIENTS

- $\frac{3}{4}$ cup raw cashews
- 3 Tablespoons nutritional yeast
- $\frac{3}{4}$ teaspoon sea salt
- $\frac{1}{4}$ teaspoon garlic powder

DIRECTIONS

1. Add all ingredients to a food processor or blender and mix until a fine texture is achieved.

Nutrition Facts

8 servings per container	
Serving size	2 Tablespoons
Amount per serving	
Calories	80
	% Daily Value*
Total Fat 5g	6%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 150mg	7%
Total Carbohydrate 5g	2%
Dietary Fiber 2g	7%
Total Sugars 1g	
Includes 0g Added Sugars	0%
Protein 5g	
Vitamin D 0mcg	0%
Calcium 8mg	0%
Iron 1mg	6%
Potassium 121mg	2%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

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