



Fun Food Friday:

Chia Seed Pudding

This week's Fun Food Friday recipe is Chia Seed Pudding! Check out the video below to learn how to make this delicious recipe at home. Try the recipe yourself and be sure to share your picture on Facebook, Instagram, and Twitter. Tag @CHEFSanAntonio and we just might share your photo!

Chia Seed Pudding Recipe Video:

<https://youtu.be/psFPoAPGvP4>

Chia Seed Pudding Recipe:

<https://bit.ly/2VISU72>

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