



California Herb Blend

4 Servings • 1 Serving = 2 Teaspoons

INGREDIENTS

- 1 bay leaf
- 1 teaspoon dried basil
- 1 Tablespoon dried thyme
- ½ Tablespoon dried marjoram
- ½ Tablespoon fennel seeds
- 1 teaspoon sage
- ½ teaspoon dried mint
- ½ teaspoon dried rosemary

DIRECTIONS

1. Combine all ingredients in a small bowl. Mix well to combine.

Nutrition Facts	
4 servings per container	
Serving size	2 teaspoons
Amount per serving	
Calories	5
	% Daily Value*
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 1g	0%
Dietary Fiber 1g	4%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 0g	
Vitamin D 0mcg	0%
Calcium 42mg	4%
Iron 2mg	10%
Potassium 36mg	0%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

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