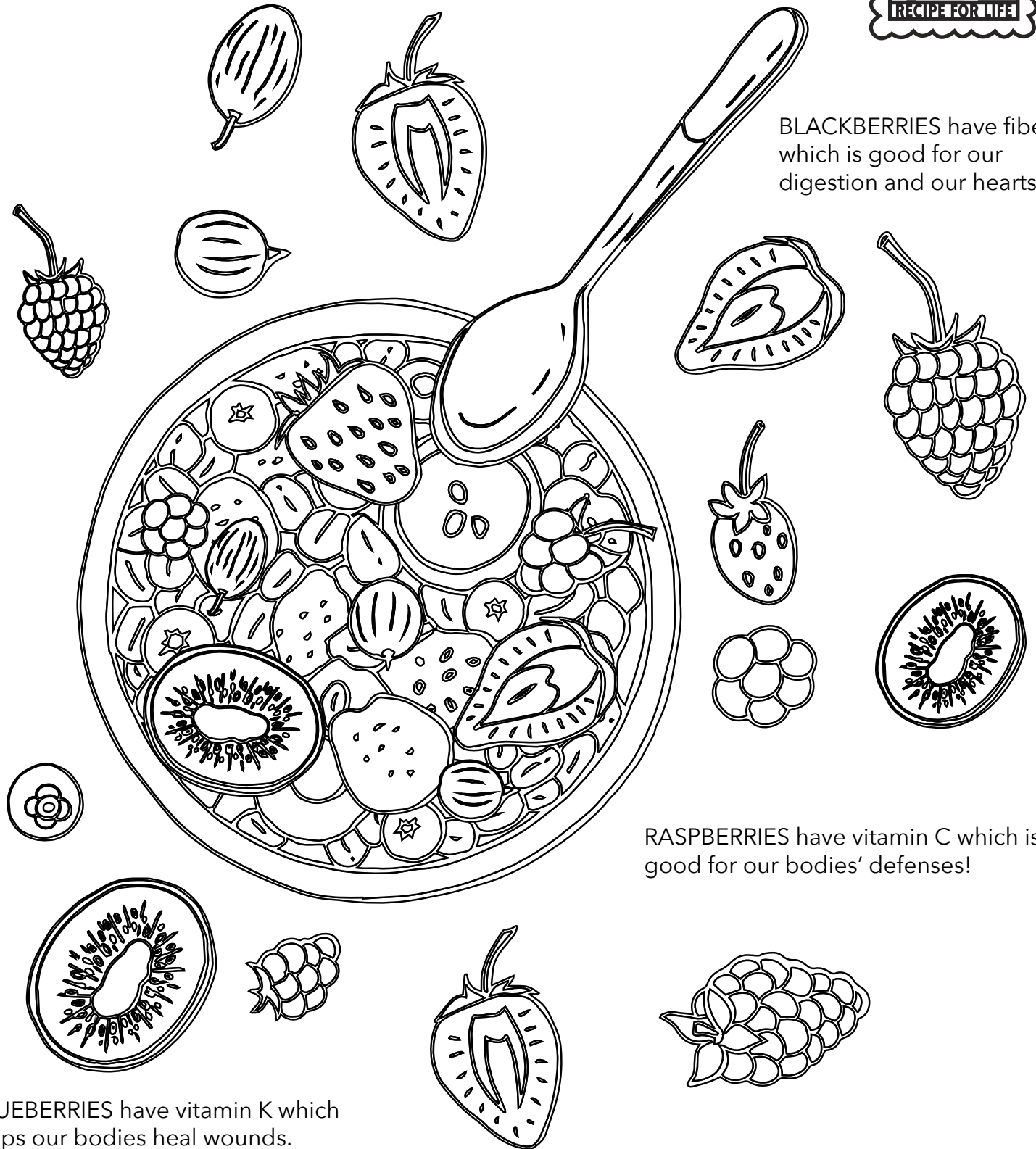




STRAWBERRIES have vitamin C that is good for our bodies' defenses.

BLACKBERRIES have fiber which is good for our digestion and our hearts!



BLUEBERRIES have vitamin K which helps our bodies heal wounds.