



# SUPER BERRY BOWL

## INGREDIENTS

- 2 cups low-fat plain Greek yogurt
- 1 Tablespoon honey
- ½ teaspoon vanilla extract
- 2 cups fresh berries such as strawberries, blueberries, blackberries, raspberries, or a combination
- ⅓ cup dark chocolate shavings
- Ground cinnamon, to taste
- Optional: ¼ cup shelled pistachios

