



Radish Cucumber Salad

4 Servings • 1 Serving = ½ Cup

INGREDIENTS

- 1 bunch red radishes, trimmed
- ½ English cucumber
- Juice of 1 lime
- Dash of salt
- 1 Tablespoon chives, chopped
- 1 Tablespoon dill, chopped

DIRECTIONS

1. Slice the radishes into thin rounds and place into a bowl.
2. Slice the cucumber lengthwise and scoop out the seeds with a spoon. Slice the cucumber into very thin half-moons. Place into the same bowl as the radishes.
3. Squeeze lime juice on top and season with salt.
4. Let sit for 5 minutes before serving.

Nutrition Facts	
4 servings per container	
Serving size	1/2 cup
Amount per serving	
Calories	5
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 80mg	3%
Total Carbohydrate 9g	3%
Dietary Fiber 2g	7%
Total Sugars 6g	
Includes 0g Added Sugars	0%
Protein 1g	
Vitamin D 0mcg	0%
Calcium 15mg	2%
Iron 0mg	0%
Potassium 65mg	2%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

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