



## Pineapple Orange Sports Drink

16 Servings • 1 Serving = 1 Cup

### INGREDIENTS

- 4 cups pineapple juice, 100% juice, no sugar added
- 4 cups orange juice, 100% juice, no sugar added
- 8 cups water
- 1 teaspoon salt

### DIRECTIONS

1. In a large pitcher, add all ingredients and stir.
2. Serve chilled.

### Nutrition Facts

16 servings per container

**Serving size** 1 cup (120g)

**Amount per serving**  
**Calories** **60**

	% Daily Value*
<b>Total Fat</b> 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
<b>Cholesterol</b> 0mg	0%
<b>Sodium</b> 150mg	7%
<b>Total Carbohydrate</b> 14g	5%
Dietary Fiber 0g	0%
Total Sugars 14g	
Includes 0g Added Sugars	0%
<b>Protein</b> 0g	
Vitamin D 0mcg	0%
Calcium 5mg	0%
Iron 0mg	0%
Potassium 0mg	0%

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

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