

FUN FOOD FRIDAY: CHICKPEA SALAD

WITH BROCCOLI AND AVOCADO



End the week by learning new culinary skills and exploring new flavors in the kitchen with our Fun Food Friday recipes. This week's recipe is Chickpea Salad with Broccoli and Avocado.

Ingredients:

- 1 (15 ounce) can chickpeas, drained and rinsed
- 1 cup broccoli florets, finely chopped
- 1/2 large avocado, seeded and diced
- 1/4 cup fresh mint leaves, chopped
- Salt, to taste
- Juice of 1/2 lime
- 1 Tablespoon extra virgin olive oil
- 2 Tablespoons unsweetened coconut flakes, toasted

Directions:

- In a large bowl, combine the chickpeas, broccoli, avocado, and mint leaves.
- Season with salt, lime juice, and oil. Stir gently to combine all ingredients.
- Sprinkle salad with coconut flakes.

